

CESSNOCK CITY

# SENIORS FESTIVAL

12 - 26 FEBRUARY 2020



Proudly Sponsors by



CELEBRATING POSITIVE AGEING FOR 50+



Cessnock Toyota



Calvary

Cessnock Retirement  
Community





# MAYOR'S MESSAGE

Welcome to the Cessnock City Seniors Festival 2020. I'm proud to support another exciting and engaging program of community led events and activities. The Festival continues to grow and diversify, with many new events on offer and new organisations participating. There's something for everyone!

Growing older is something we all face in our lives and helping make our community more age-friendly is something we can all be part of, changing attitudes towards ageing is a huge first step. The Festival helps challenge negative stereotypes by offering positive, active and creative opportunities for older people to engage in community life. The Festival helps us celebrate ageing and support people to live happier, healthier lives filled with meaning, creativity and purpose.

I would like to acknowledge the generous support of our Sponsors, and in particular our Gold Sponsors, East Cessnock Bowling Club, Cessnock Toyota, Cessnock Priceline Pharmacy, Calvary Cessnock Retirement Community and Northern Coalfields Community Care Association. I would also like to acknowledge the support of the NSW Department of Communities and Justice through a NSW Seniors Festival Grant. This support enables our Festival to continue to grow and offer new and engaging activities for our community.

Whether you are interested in history, fruitcakes, music, science or gemstones there is something for everyone in this year's program. I look forward to seeing you during the celebrations.

*Bob Pynsent*

Cessnock City Mayor  
Councillor Bob Pynsent

# OUR 2020 SPONSORS



Thank you to all of our 2020 Seniors Festival sponsors. Without your generosity and support this year's event would not be possible.

## GOLD SPONSORS



Cessnock Retirement Community



## SILVER SPONSORS



Royal Freemasons' Benevolent Institution

2020 MEDIA PARTNER



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# 2020 AT A GLANCE



# 2020 AT A GLANCE

<b>Arts and Culture</b>	
Kiray Putjung Aboriginal Corporation Elders Afternoon Tea	Wed 12
Bingo and Trivia with Timberlina	Wed 12
The Heart of Stories Tour	Thurs 13/Fri 14
Fearless Films and Presentation	Thurs 13/Wed 26
Swimming With Men - Feature Film	Thurs 13
Out in the Valley - Trivia	Tues 18
Trav'lin' Along, Singing a Song - Side by Side	Tues 18
Memories, Memoirs and More	Tues 18
Abermain Concert	Thurs 20
Edwardian House Party and High Tea	Sat 22
Author Talk - Teá Cooper	Sat 22
Wine Country Music Association Concert	Mon 24
Sometimes, Always, Never - Feature Film	Wed 26
Busking in Cessnock CBD	Throughout
Here In Visible Ink	Throughout
<b>Health and Wellbeing</b>	
Health and Wellbeing Checks	Fri 14
The Grand Summer Splash	Sat 15
Chair Pilates	Fri 21
Morning Tea at Kurri Kurri Aquatic and Fitness Centre	Wed 26
14 Day Pass to Fitness	Throughout
Active over 50's	Throughout

<b>History and Heritage</b>	
Friday Arvo at the Flicks - Picture Show Man (1977)	Fri 14
Do You Know Where You Came From?	Mon 17
Lost Diggers of Weston Presentation	Tues 18
<b>Learning</b>	
Estate Planning	Wed 12
Seed Saving and Companion Planting Workshop	Sat 15
eBranch Workshop	Mon 17
All About Fruitcakes	Wed 19
Understanding Your Pension	Wed 19
DIY Woodworking Workshop	Thurs 20
A Buddhist Approach to Ageing Well	Thurs 20
Accommodation Options in Retirement	Thurs 20
Cessnock Academy of STEM Excellence	Mon 24
Drought Proof Your Garden	Tues 25
Tech Help	Every Wed/Thurs
<b>Clubs and Special Interest</b>	
RFBI Cessnock Masonic Village Vist	Wed 12
Cessnock Gem and Mineral Club Open Day	Thurs 13
Library Lovers Day Morning Tea	Fri 14
Cessnock Men's Shed and Garden Open Day	Mon 17
RFBI Kurri Kurri Masonic Village Visit	Tues 18
Kurri Kurri Men's Shed Open Day	Wed 19
An Introduction to Bridge	Tues 25
Patchwork and Quilting Group	Tues 25
The Community Women's Shed Kurri Kurri	Every Thurs/Fri
In the Loop	Every Wed



This symbol indicates that the event host has advised the venue has access measures for people with a disability. Please contact the event host for more information.



Mobility Maps are available on Council's website [www.cessnock.nsw.gov.au](http://www.cessnock.nsw.gov.au)

# THROUGHOUT THE FESTIVAL



## Lower Hunter Transport Services



Transport available through Lower Hunter Transport Services to Festival events for a subsidised fee.

Call 4019 9750 for more details and to make a booking.



## Busking in Cessnock CBD



Local musicians from the Wine Country Music Association will be bringing the Festival to the streets and performing in Vincent Street and Cooper Street. FREE

## Seniors Festival at Hunter Valley Gardens



A naturally beautiful experience in the heart of Hunter Valley Wine Country. Discounted entry for senior's card holders during the festival.

Lunch options for 10 or more available on request. \$15pp entry, \$5pp train. Hunter Valley Gardens, Pokolbin 4998 4006

## 14 Day Pass to Fitness



Access to the pool, gym and all Stretch and Flex, Smooth Movers and Aqua Aerobics classes.

Monday/Wednesday/Friday - Stretch and Flex 7am, Aqua Aerobics 9.30am/10.30am

Wednesday - Smooth Movers 9.15am  
Kurri Kurri Aquatic and Fitness Centre  
0408 872 193 FREE

## Active over 50's

A fun, gentle exercise class. Suitable for all levels of fitness.

Tuesdays/Thursdays 11am - 12pm

Total Fitness  
21 Cessnock St, Cessnock  
Free during the Festival.  
4990 4066

# THROUGHOUT THE FESTIVAL

## In the Loop



Anyone interested in knitting, crochet or needlework is welcome to join this drop-in group. No experience necessary and new knitters welcome. Bring your projects and connect with people with a shared interest.

Wednesdays from 9.30am  
Cessnock Library 4993 4399

Wednesdays from 10.30am  
Kurri Kurri Library 4937 1638

FREE



## Tech Help



Need help with your computer, tablet or smartphone? Stumped by email or the internet? Book a 30 minute tech help session.

Wednesdays from 9am  
Cessnock Library 4993 4399

Thursdays from 9am  
Kurri Kurri Library 4937 1638

FREE



## The Community Women's Shed Kurri Kurri

Make new friends or get involved in our many community projects. Guest speakers, skill sharing and fund raising. Kids welcome.

Thursdays/Fridays 9.30am - 1pm

207 Lang St, Kurri Kurri

FREE 0408 151 187



## Here In Visible Ink



Look out for this innovative community art project that will pop up at Cessnock Library throughout the Festival. FREE



## RFBI Cessnock Masonic Village Visit



Come and join us during a visit from our local playgroup and discover what aged care is really like today. While you're here take a tour of our village and meet the team.

**Time** 9.30am  
**Venue:** 30A West Avenue Cessnock  
**Cost:** FREE  
**Contact:** 4993 2100

## Estate Planning



Why should I have a Will? What will happen if I don't have a Will? What is not covered by a Will? What is a Power of Attorney? How is this different to Enduring Guardianship?

Get your questions answered at this informative presentation by the Department of Human Services Financial Information Service.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call your local library.

**Time** 9.30am - 11am  
**Venue:** Cessnock Library  
 65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399

**Time** 2.30pm - 4pm  
**Venue:** Kurri Kurri Library  
 253 Lang Street  
**Cost:** FREE  
**Contact:** 4937 1638



## Kiray Putjung Aboriginal Corporation Elders Afternoon Tea



Join us for a yarn and a cuppa as we celebrate the Seniors Festival and the importance and contribution of Elders in our community.

**Time** 1pm - 2pm  
**Venue:** Seniors Room  
 Cessnock Performing Arts Centre  
 198 Vincent Street  
**Cost:** FREE  
**Contact:** 0422 574 972

WED 12 FEB



### Bingo and Trivia with Timberlina



Hosted by the fabulous and hilarious Timberlina whose over the top style and dazzling repertoire will have you in stitches!

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4993 4399.

**Time** 6pm - 8pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399

THU 13 FEB



### Cessnock Gem and Mineral Club Open Day



Come and spend some time with our members and find out about our wonderful club and activities.

Projects include rock polishing, opal cutting, faceting, silver jewellery making, beading and other crafts.

There will be interactive displays and an afternoon tea.

**Time** 12pm - 4pm  
**Venue:** Hall Park  
Stephen Street  
West Cessnock  
**Cost:** FREE  
**Contact:** 0490 198 269  
(during club hours)

### The Heart of Stories Tour



Four authors. Four days. Four different ways of telling stories about women's lives...

Adele Parks, Fiona Lowe, Alexandra Joel and Vanessa McCausland will present a panel discussion, talking about the rise of women centered fiction from historical, domestic noir to contemporary genres.

The authors will also discuss their own books. Presented by Harlequin/HarperCollins.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4937 1638.

**Time** 1.30pm - 3pm  
**Venue:** Kurri Kurri Library  
253 Lang Street  
**Cost:** FREE  
**Contact:** 4937 1638



THU 13 FEB



### Fearless Films and Presentation Feature Film - Swimming With Men



Brought to you by Feros Care and Screenworks, Fearless Films is a collection of inspirational short stories showcasing the surprisingly bold lives of Northern Rivers seniors over the age of 75.

This innovative initiative aims to challenge stereotypes around aging by telling the stories of Australians that are living their later years in life to the fullest. There will be a short presentation by the filmmakers.

Swimming with Men - A man who is suffering a mid-life crisis finds new meaning in his life as part of

an all-male, middle-aged, amateur synchronised swimming team.  
Starring: Rob Brydon, Rupert Graves, Thomas Turgoose  
Comedy/Drama/Romance  
Rated M, 97 Minutes  
Bookings essential.

**Time** 10am - 1pm  
**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4258

FRI 14 FEB



### Library Lovers Day Morning Tea



Move over St Valentine because 14 February is also Library Lovers' Day and your library will be celebrating!  
Join us for morning tea at Kurri Kurri and Cessnock Libraries.

**Time** 10.30am - 12pm  
**Venue:** Cessnock/Kurri Kurri Libraries  
**Cost:** FREE  
**Contact:** Cessnock Library: 4993 4399  
Kurri Kurri Library: 4937 1638



### Health and Wellbeing Checks



Come for a free health check and talk to Australian Unity Home Care about how to remain living well at home for as long as you can.  
Friendly staff on hand to assist with any queries.

**Time** 10am - 2.30pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 1300 160 170

FRI 14 FEB



### The Heart of Stories Tour



Four authors. Four days. Four different ways of telling stories about women's lives...

Adele Parks, Fiona Lowe, Alexandra Joel and Vanessa McCausland will present a panel discussion, talking about the rise of women centered fiction from historical, domestic noir to contemporary genres.

The authors will also discuss their own books. Presented by Harlequin/HarperCollins.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4993 4933.

**Time** 10.30am - 12pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4933

### Friday Arvo at the Flicks Picture Show Man (1977)



Enjoy a traditional afternoon at the movies, complete with popcorn and Jaffas. This great - and very funny - Australian movie tells the fictionalised story of our picture show men who brought the magic of cinema to regional towns in the 1920s.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4993 4399.

**Time** 1pm - 3pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399



### The Grand Summer Splash

Come and cool off at our pool party for young and old! Free entry for grandparents and their grandchildren. Free BBQ lunch provided by the Cessnock Lions Club. Bookings essential.

**Time** 9am - 2pm  
**Venue:** Cessnock Pool  
1A Allandale Rd  
**Cost:** FREE  
**Contact:** 4993 3400





SAT 15 FEB

### Seed Saving and Companion Planting Workshop



We'll have you growing your own food from the seed up! Learn how to save and store your own seeds and know the best plants to harvest. Explore the unique characteristics of seeds, learn drying and fermenting techniques, the best propagation methods and which plants you can easily propagate at home.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4993 4399.

**Time** 10am - 12pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399



MON 17 FEB

### Do You Know Where You Came From?



Come and learn how to start researching your family tree. Call to book your one on one session.

Morning tea provided.

**Time** 9.30am - 2pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4990 9639

### eBranch Workshop



Join us for a friendly, hands on workshop that will show you how to discover the amazing range of eBooks, eAudiobooks, eMagazines and streaming available through your library for FREE! BYO device.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call your local library.

**Time** 10.30am - 11.30am  
Cessnock Library  
2pm - 3pm  
Kurri Kurri Library  
**Cost:** FREE  
**Contact:** Cessnock Library  
4993 4399  
Kurri Kurri Library  
4937 1638



### Cessnock Men's Shed and Garden Open Day



Come and find out how to get involved with the Men's Shed. Woodworking, metalwork and horticultural activities.

Call us if you need directions!

**Time** 8.30am - 1pm  
BBQ 11.30am - 1pm  
**Venue:** Calvary Cessnock  
Retirement Grounds  
19 Wine Country Drive  
**Cost:** Gold coin donation for  
the BBQ  
**Contact:** 4990 1198

**TUE 18 FEB**

### Arts and Craft Display



A lovely display of arts and crafts made by Calvary residents. Knitted and crocheted items, children's clothes and artworks.

Items available for sale.

Kiosk open for lunch and snacks.

**Time** 10am - 3pm

**Venue:** Multipurpose Centre  
Cessnock Calvary  
Retirement Community  
19 Wine Country Drive

**Cost:** FREE

**Contact:** 0435 785 089



### RFBI Kurri Kurri Masonic Village Visit



Come and enjoy a concert and a sing a long to some old time music.

If you wish, take a tour of our village and find out what aged care is really like today.

**Time** 10am

**Venue:** 412 Lang Street  
Kurri Kurri

**Cost:** FREE

**Contact:** 4937 0000

### Out in the Valley - Triva



Join us for a fun, social event for like-minded men and women from the LGBTQI community. Share conversation and friendship.

Great entertainment and prizes, including a lucky door prize!

Lunch and drinks available at the club.

**Time** 11am - 2pm

**Venue:** East Cessnock  
Bowling Club  
Neath Street

**Cost:** FREE

**Contact:** 0428 882 711

CESSNOCK SENIORS CHOIR PRESENT

# Trav'lin' Along, Singin' a Song

# SIDE BY SIDE



**CESSNOCK PERFORMING ARTS CENTRE**  
**Tuesday 18 February - 10.00am to 11.15am**

All welcome - especially Seniors.

Bus drop-off at entrance. Wheelchair/walker access via ramp.  
Groups 6+ or others with special needs contact CPAC 4993 4266. For program and general information contact Michael Griggs 0415 890 784





### Lost Diggers of Weston Presentation



Join representatives from Towns With Heart in an informative and interactive presentation about Alexander Galloway's Lost Diggers of Weston.

Lost to the world for almost 100 years, these haunting glass plate photos of WW1 Diggers taken in 1916 just prior to their departure for Europe, were discovered in 2010 hidden beneath a house in Weston.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4937 1638.

**Time** 10.30am - 12pm  
**Venue:** Kurri Kurri Library  
 253 Lang Street  
**Cost:** FREE  
**Contact:** 4937 1638



### Memories, Memoirs, and More



Get inspired to write about old photos, family stories and town history. This is a joint Live@TheCrossing and Library Writers Nest event.

The works will be featured at the March 2 Live@TheCrossing Spoken Word afternoon.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4993 4399.

**Time** 5pm - 6.30pm  
**Venue:** Cessnock Library  
 65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399

### Kurri Kurri Men's Shed Open Day



Come and see us at the shed! There will be demonstrations and displays of some of our current projects.

Morning tea provided.

**Time** 9am - 1pm  
**Venue:** 20 Bruncker Street  
**Cost:** FREE  
**Contact:** 0427 285 159

### Understanding Your Pension



Understand the income and assets tests, pensioner concessions and what you need to tell Centrelink.

An informative presentation by the Department of Human Services Financial Information Service.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call your local library.

**Time** 9.30am - 11am  
 Cessnock Library  
 2.30pm - 4pm  
 Kurri Kurri Library  
**Cost:** FREE  
**Contact:** Cessnock Library  
 4993 4399  
 Kurri Kurri Library  
 4937 1638



### All About Fruitcakes



Learn how to bake a fruitcake and the differences between boiled, rich, light and chocolate.

Bookings essential.

**Time** 10am  
**Venue:** CWA Rooms  
 161 Vincent Street  
 Cessnock  
**Cost:** FREE  
**Contact:** 4990 9639



### Abermain Concert



A variety concert with dance, music and song!

Join us for a delightful morning of local entertainment.

Morning tea provided.

**Time** 10.30am  
**Venue:** Abermain Plaza Hall  
 12 Bathurst Street  
**Cost:** FREE  
**Contact:** 4930 4444



### DIY Woodworking Workshop



A hands on woodworking workshop creating a candle holder for each person to take home.

Light refreshments provided.

**Time** 10.30am - 12pm  
**Venue:** Bunnings Cessnock  
 249 Vincent Street  
**Cost:** FREE  
**Contact:** 4991 9500



### A Buddhist Approach to Ageing Well



Although ageing is unavoidable, we can certainly avoid many of the problems and sorrows it brings.

Buddhist teacher, Kadam Mick Marcon explains how to use ageing as a powerful reason to inspire positive inner change.

Discover how it's possible to improve your quality of life and enjoy peace of mind regardless of your age.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call on 4993 4399.

**Time** 5.30pm - 6.30pm  
**Venue:** Cessnock Library  
 65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399

THU 20 FEB



### Accommodation Options in Retirement



Do you have questions about downsizing, retirement and over 55's lifestyle villages, moving in with the family, reverse mortgages and the Pension Loan Scheme?

All questions answered at this informative presentation by the Department of Human Services Financial Information Service.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call your Library.

**Time** Cessnock Library: 9.30am - 11am  
Kurri Kurri Library 2.30pm - 4pm

**Cost:** FREE

**Contact:** Cessnock Library: 4993 4399  
Kurri Kurri Library: 4937 1638

FRI 21 FEB



### Chair Pilates



This workshop will introduce you to modified Pilates exercises. The exercises are low-impact and performed standing (with a chair for support if needed), and/or sitting on a chair.

These gentle movements are designed to improve balance, coordination, flexibility, strength and confidence in the control of movement.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call 4937 1638.

**Time** 10.30am - 12pm  
**Venue:** Kurri Kurri Library  
253 Lang Street

**Cost:** FREE

**Contact:** 4937 1638

SAT 22 FEB



### Edwardian House Party and High Tea



What would you wear to a weekend house party at a country estate in the 1900's?

Come and see this wonderful presentation of garments and accessories typically worn by women of society in the early 20th century.

Hear the fascinating stories of the women who wore these clothes, who they were and how they have influenced fashion.

Outfits for tennis or croquet, striking gowns for luncheon, elegant gowns for an afternoon stroll and magnificent dinner gowns.

A Cavalcade of History and Fashion Presentation.

A high tea will be served by the CWA. Bookings essential as places are limited.

**Time** 1.30pm - 3.30pm

**Venue:** Northern Coalfields Community Centre  
196 Wollombi Road

**Cost:** FREE. Donations can be made to the CWA Drought Relief Fund

**Contact:** 4990 9639

SAT 22 FEB



**Author Talk - Teá Cooper**



Join us as Australian best-selling author and local, Teá Cooper discusses her latest release, *The Girl in the Painting*. A compelling historical fiction set in Sydney, Hill End and Maitland in the late 19th and early 20th century.

Readers of *The Naturalist's Daughter* and *The Girl in the Green Dress* will love this book.

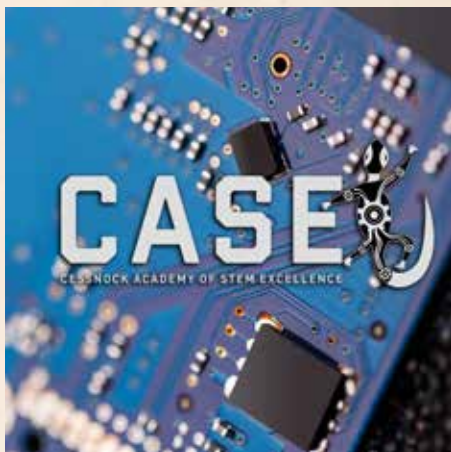
There will be a Q and A session and book signing after the talk.

Tea and coffee available.

Bookings essential online at libraries. [cessnock.nsw.gov.au](http://cessnock.nsw.gov.au) under 'Events & Bookings' or call on 4993 4399.

**Time** 10.30am - 12pm  
**Venue:** Cessnock Library  
65-67 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4399

MON 24 FEB



**Cessnock Academy of STEM Excellence**



Students of the Cessnock Academy of STEM Excellence will showcase their STEM (Science, Technology, Engineering & Mathematics) skills using emerging technology.

A variety of projects and equipment will be on display with an opportunity for community members to try coding, robotics or 3D design.

**Time** 10.40am - 11.30am  
**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4258

MON 24 FEB



**Wine Country Music Association Concert**



Join us for a musical feast presented by the Wine Country Music Association.  
Morning tea provided by CWA.  
Bookings essential.

**Time** 10am - 12pm  
**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4258

TUE 25 FEB



### An Introduction to Bridge



The greatest game ever? Come and see what Bridge is all about!  
A fun morning for people with little or no previous Bridge experience.  
Bookings essential.  
Morning tea provided.

**Time** 10am - 12pm  
**Venue:** Vincent Street Kitchen  
201 Vincent Street  
**Cost:** FREE  
**Contact:** 4990 8421



### Patchwork and Quilting Group



A fun, happy group of ladies who get together to enjoy patchwork and quilting, stitcheries, knitting, crochet, beadwork, and other handicrafts.  
We learn new skills and support each other.  
Morning tea provided.

**Time** 10am - 12.30pm  
**Venue:** Bellbird Community Hall, Wollombi Road  
**Cost:** FREE  
**Contact:** 0427 146 978

TUE 25 FEB

### Drought Proof Your Garden



Savvy plant selection, understanding soils, watering methods and timing, making the most of conserving water, and using grey water effectively.  
You'll study your microclimate and how compost, mulch and correct watering will boost your garden (plus where it can all go wrong).

Bookings essential online at [libraries.cessnock.nsw.gov.au](http://libraries.cessnock.nsw.gov.au) under 'Events & Bookings' or call 4937 1638.

**Time** 10am - 12pm  
**Venue:** Kurri Kurri Library  
253 Lang Street  
**Cost:** FREE  
**Contact:** 4937 1638



WED 26 FEB

### Morning Tea at Kurri Kurri Aquatic and Fitness Centre



Join us for a morning tea to celebrate the end of the Seniors Festival.

**Time:** 11.30am  
**Venue:** Kurri Kurri Aquatic and Fitness Centre  
Boundary Street  
**Cost:** FREE  
**Contact:** 4937 1632



### Fearless Films and Presentation



Brought to you by Feros Care and Screenworks, Fearless Films is a collection of inspirational short stories showcasing the surprisingly bold lives of Northern Rivers seniors over the age of 75.

This innovative initiative aims to challenge stereotypes around aging by telling the stories of Australians that are living their later years in life to the fullest.

There will be a short presentation by the filmmakers.

Bookings essential.

**Time:** 10am - 1pm  
**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4258

WED 26 FEB

★★★★  
"A distinct, articulate pleasure. BILL NIGHY is SPELLBINDING."  
- The Guardian

"Full of HEART and COMPASSION."  
- Cineuropa



S O M E T I M E S  
A L W A Y S  
N E V E R

### Sometimes, Always, Never



Sometimes, Always, Never is a detective fantasy / family drama where a love of words helps a father reconnect with a missing son.

Starring: Bill Nighy, Sam Riley, Alice Lowe

Comedy/Drama/Mystery  
Rated PG 87 Minutes

There will be a presentation and screening of Fearless Films before the Feature film.

Bookings essential.

**Time:** 10am - 1pm  
**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street  
**Cost:** FREE  
**Contact:** 4993 4258



CESSNOCK CITY

# SENIORS FESTIVAL

12 - 26 FEBRUARY 2020



Proudly Served by



**PLEASE NOTE:**

Every endeavour has been made to ensure that the details appearing in this booklet are correct at the time of printing.